## Why garden for earthworms?

They are the hardworking recyclers; they work away under our feet everyday ensuring that gardens have rich healthy soil to grow glorious flowers and large juicy vegetables. These small forgotten heroes need a bit of love and care to allow them to thrive, so below are the top tips for making your garden a worm-friendly zone

## **Earthworm Top Gardening Tips**



- Make a mess! Worms love a messy garden with lots of dead leaves and wood, so don 't tidy it too much let your worms recycle it. Dead plant material is an important food source for earthworms
- Having a diverse range of native plant species in your garden. This will encourage a range of different earthworms and nematodes which will create a healthier more diverse soil
- Avoid using pesticides as earthworms are soft bodied animals and are vulnerable to toxic chemicals, heavy use will quickly reduce their numbers.
- Avoid compacting your soil with heavy machine, compaction makes soil dense and less accessible to earthworms.
- Avoid using acidic fertilisers most earthworm species prefer alkaline conditions.
- Have a compost heap and/or a wormery, an efficient and environmentally friendly way of the disposing of kitchen and garden waste.
- Have damp and marshy areas wet conditions are favoured by earthworms this will help maintain numbers even in dry conditions.